

# FGAM Update October 2022

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### Insights and information from Dr. William R. Nelson, PhD, Chief Investment Officer of Financial Gravity

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In this update, Dr. Nelson discusses the recent market decline, and examines the critical importance of Real Risk alignment — the effort to find maximum agreement between an investor's expectations and their lived experience. Dr. Nelson will also discuss diversification; what it is and how it can control investing risks and streamline your investing experience.

Watch the video here: <https://financialgravityfamilyofficeservices.com/financial-gravity-market-update-october-2022/>

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